

GROWING OURSELVES IN HEALTHY RELATIONSHIPS

MARCH 16 – 17, 2012 | NEW ORLEANS, LA
SANDRA SMITH M.DIV AND DAVID DANIELS, MD

THE ENNEAGRAM SYSTEM AS MAP

Enrich primary relationships with your spouse, partner, work colleagues, close friends, and family members.

For many of us understanding why relationships work or don't work is a mystery. We find ourselves repeating patterns that limit our full relational potential. **The emotional maturity necessary for our primary relationships is cultivated by our willingness to be aware, honest, and intimate with ourselves.** Being available and present to self allows our heart to open. Healthy relationships emerge when we can be present with what is in ourselves and in the other. We can choose to be receptive not reactive, and offer curiosity rather than judgment.

During this workshop, we'll explore the ways that the Enneagram system can be applied to heal and to strengthen our primary relationships. The Enneagram will guide us as we learn:

- our focus of attention and its effect in relationships
- personal reactivity and ways we overprotect our hearts
- key issues and vulnerabilities
- gifts of our personality for developing healthy relations

Through practical exercises, discussion, presentation, and panels in the Narrative Tradition, where you'll witness the Enneagram types speaking for themselves, **participants will consider the question, "What is my path in developing receptivity to this other, as I relate from the gold of who I am?"**

This workshop will offer a safe and receptive community that honors diversity in relationship. A working knowledge of the Enneagram will be useful in participating in this workshops.

Schedule: Friday, March 16 ~ 9:00 a.m. – 5:00 p.m. | Saturday, March 17 ~ 9:00 a.m. – 4:00 p.m. **Where:** Junior League Headquarters of New Orleans, 4319 Carondelet Street (off of St. Charles). **Accommodations:** Reasonably priced overnight accommodations available close-by, including the Hampton Inn, 3626 St Charles, 504 899 9990. **For additional info, contact Sandra Smith: 828 684 2339**



Sandra Smith M.Div is the founder of Alchemy-Works and is certified in the Narrative Tradition as an Enneagram teacher and consultant. She uses the Enneagram with businesses, non-profit organizations, and faith communities as a tool for personal, professional and spiritual growth. She facilitates type and study groups, and works one-on-one with individuals as

an Enneagram consultant and spiritual companion. Sandra organizes and teaches at the east coast Enneagram Intensive training program and is a mentor/supervisor for candidates for certification in the Enneagram Professional Training Program (EPTP) founded by Helen Palmer and David Daniels, MD.



David Daniels, MD is a leading developer and teacher of the Enneagram and co-founded with Helen Palmer the first Enneagram Professional Training Program. He was Clinical Professor, Department of Psychiatry and Behavioral Sciences, at Stanford Medical School and has been in private practice over 35 years.. He is co-author of the best selling book,

"The Essential Enneagram." Learn more about David on: [Enneagram Worldwide](#)

R E G I S T R A T I O N F O R M

Cost: **By Jan 30: \$215/person | After Jan 30: \$260/person**
\$50.00 off for those who attended the Introductory Workshop March 9–10 at Trinity Episcopal

Questions? **Send email to Sandra Smith at <sandrasmith@charter.net> or call 828 684 2339**

ALCHEMYworks
reclaiming our inner gold

Name(s) 1 _____ email _____
2 _____ email _____
Address _____ City _____ State _____ Zip _____
Ph. (h) _____ Ph. (cell) _____ 1 Enneagram Type _____
Total Amount \$ _____ Check enclosed 2 Enneagram Type _____

Mail completed registration form **BY MARCH 1, 2012** (with payment information, and check, payable) to:
ALCHEMYWORKS | PO Box 1419, Skyland, NC 28776